

POSITION DESCRIPTION

NSLHD - Perinatal & Infant Mental Health Service Coordinator MHDA

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Organisation	NSW Health
Local Health District / Agency	Northern Sydney Local Health District
Position Classification	Clinical Psychologist, Midwife Mgr Gde 2, Nurse Mgr Gde 2, Occupational Therapist Lvl 5, Psychologist, Social Worker Lvl 5
State Award	Health and Community Employees Psychologists (State) Award NSW Health Service Health Professionals (State) Award Public Health System Nurses & Midwives (State) Award Public Hospital (Professional & Associated Staff) Conditions of Employment (State) Award
Category	Mental Health, Drug & Alcohol MHDA Team Lead
Website	www.nslhd.health.nsw.gov.au/

PRIMARY PURPOSE

[MHDA Declaration](#)

Each person's unique journey of recovery will be supported by mental health drug and alcohol services in a way that fosters hope, purpose and resilience.

MHDA Statement of Intention

The intention of the NSLHD MHDA is to provide recovery-oriented, trauma informed services that are guided by evidence-based practices and collaboration.

The Perinatal & Infant Mental Health Service (PIMHS) Coordinator MHDA position was created to coordinate and lead the PIMH service (PIMHS) and Safe Start portfolios across MHDA. The coordinator will need to:

1. Provide Strategic and clinical leadership of MHDA PIMHS.
2. Provide advice to MHDA / sector Mental Health Services re support and resources for Safe Start, PIMHS, Nurturing Connections (NC) and COPMI Clinician initiatives including response to ministerial requests for briefs, letters, and comments on policy documents relating to the Safe Start, PIMHS, NC and CYMHS COPMI Clinician portfolios.
3. Ensure appropriate monitoring, reporting and accounting for PIMHS initiatives and cost centres.
4. Coordinate and as required provide PIMHS and COPMI Clinician-related training and education opportunities for the PIMHS Team and broader MHDA and LHD services.
5. Ensure collection of PIMHS specific data to support service development; ensure own role and LHD PIMH

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team enter required client related time data relevant to clinical service delivery.

COVID-19 VACCINATION COMPLIANCY

All NSW Health workers are required to have completed a primary course (2 doses) of a Therapeutic Goods Administration (TGA) approved or recognised COVID-19 vaccine (except for the Janssen COVID-19 vaccine which is approved by the TGA as a single dose primary course). New applicants must have completed the vaccination course prior to commencement with NSW Health or provide an Australian Immunisation Register (AIR) Immunisation History Statement certifying the worker cannot have any approved COVID-19 vaccines available in NSW. A NSW Health agency may require further information about the medical contraindication (including but not limited to an Immunisation Medical Exemption form - IM011 form).

Acceptable proof of vaccination is the Australian Immunisation Register (AIR) Immunisation History Statement or AIR COVID-19 Digital Certificate. Booster doses are highly recommended for all health care workers who have completed the primary course of COVID-19 vaccinations.

RESPIRATOR USE

NSW Health workers may be required to use a respirator, as part of their appointment with NSW Health. Where a respirator is required for use, workers will be instructed in their safe use, including donning, doffing and fit checking. Staff may be required to complete fit testing to selected respirator/s to assess their facial fit/seal.

At all times when a health worker is required to use a respirator, the health worker must not have any facial hair present. Processes are in place to support workers that need to keep facial hair due to religious observance requirements and/ or health conditions.

ESSENTIAL CRITERIA

As a leader you are expected to support the organisation achieve the aims of the safety management system, to establish and maintain a positive health and safety culture in the workplace and to consult with workers and others when making decisions that may impact upon the health, safety and welfare of those in the workplace.

KEY ACCOUNTABILITIES

Consultation and Liaison: This position is responsible for the provision of essential front line perinatal and infant mental health (PIMH) consultation and liaison functions across Mental Health, Drug & Alcohol, Maternity, Child & Family, General Practitioner and other services for families with multiple and complex needs during the perinatal period. The role will incorporate both the coordination of and as necessary, provision of perinatal and infant mental health consultation liaison and attendance at SAFE START Multidisciplinary Case Discussion (MCD) meetings and profiling Level 3 care pathways.

Leadership: The position is responsible for the strategic leadership of the Specialist Perinatal and Infant Mental Health Service Clinicians, the Nurturing Connections Team, and the Safe Start Coordinator role under the umbrella of the PIMHS. The PIMHS provide both intensive mental health care and longer term care coordination and consultation for expectant and new parents who are primary carers for an infant up to 2 years of age, and who have severe and complex mental health problems. Priority is based on severity of parental mental illness and/or complex management or family and other social issues that impact on the care of the infant.

Service Development: The position is responsible for supporting and as required, leading the development of

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perinatal and infant mental health initiatives in Northern Sydney Mental Health Drug & Alcohol (MHDA) Services including MHDA's role in the Safe Start Strategic Policy, including related documentation, policy / procedure development and review; quality improvement activities; contribute to / maintain centralised library of national, state, NSLHD and MHDA policies and literature relevant to Safe Start, PIMH, COPMI and early parenting. Additionally, the position is also responsible for overseeing the collection of specific data arising from NSW Health's Safe Start and PIMH initiatives including the provision of data reports as required to NSW Ministry for Health. The position will also be responsible for coordination and further development of COPMI Clinician (Children of Parents with Mental Illness) initiatives and service model in CYMHS.

Education: The position is responsible for PIMH and COPMI Clinician training coordination and delivery in the LHD.

General Responsibilities: Provide and receive regular clinical supervision and participate in the mentoring of health discipline students.

KEY CHALLENGES

- Managing relationships and service expectations between MHDA Services and other stakeholders / partnership services in COPMI and perinatal and infant mental health service provision.
- Strategic leadership of PIMHS whilst supporting operational management of positions by other MHDA services.
- Balancing clinical and operational demands of the role.

KEY RELATIONSHIPS	
Who	Why
CYMHS Nurse Manager and Service Director	Line Manager with overall responsibility for PIMH program; regular reporting re programs.
NSLHD MHDA PIMHS team and COPMI Clinicians	Strategic leadership of PIMH program and clinical team; strategic coordination of COPMI Clinical services.
Primary Perinatal Health Services (Maternity / C&FH)	Safe Start / PIMHS Consultation Liaison.
SAFESTART Coordinators in NSW Health Services across NSW	Maintain service linkages and information sharing.
GPs and Non- government services providing perinatal psychosocial care	SAFE START / PIMH consultation liaison coordination and provision; service coordination and information sharing.

SELECTION CRITERIA

1. Consistently demonstrates behaviors that reinforce the CORE Values of our organisation; Collaboration, Openness, Respect and Empowerment. Demonstrates these behaviours with all stakeholders; colleagues, direct reports, as well as our patients and consumers, and those that care for them.
2. Current AHPRA registration as an Occupational Therapist, Registered Nurse or Psychologist with a

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- master's degree in clinical psychology or clinical neuropsychology or eligibility for membership to AASW
3. Demonstrated post-registration clinical experience in mental health service delivery including substantial experience in perinatal and infant mental health clinical service and COPMI service provision.
 4. Demonstrated experience in consultancy across a wide geographical area.
 5. Demonstrated high level interpersonal, written and verbal communication skills and experience in consultation, liaison and negotiation at all levels of an organisation with a wide range of stakeholders.
 6. A proven track record of completing the full cycle of clinical practice improvement on a variety of projects; of being able to work autonomously and as part of a team.
 7. Demonstrated clinical and strategic leadership skills and a demonstrated commitment to clinical supervision.
 8. Current NSW Drivers Licence.

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Job Demands for: NSLHD - Perinatal & Infant Mental Health Service Coordinator MHDA / SAFE START Consultation Liaison Worker

Physical Demands	
<p>Respirator use - Wearing of a respirator, to ensure protection against exposure to respiratory pathogens/ hazardous materials</p> <p>Infrequent</p>	<p>Sitting - remaining in a seated position to perform tasks</p> <p>Frequent</p>
<p>Standing - remaining standing without moving about to perform tasks</p> <p>Occasional</p>	<p>Walking - floor type: even/uneven/slippery, indoors/outdoors, slopes</p> <p>Frequent</p>
<p>Running - floor type: even/uneven/slippery, indoors/outdoors, slopes</p> <p>Infrequent</p>	<p>Bend/Lean Forward from Waist - forward bending from the waist to perform tasks</p> <p>Occasional</p>
<p>Trunk Twisting - turning from the waist while sitting or standing to perform tasks</p> <p>Infrequent</p>	<p>Kneeling - remaining in a kneeling posture to perform tasks</p> <p>Not Applicable</p>
<p>Squatting/Crouching - adopting a squatting or crouching posture to perform tasks</p>	<p>Leg/Foot Movement - use of leg and/or foot to operate machinery</p>



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Infrequent	Not Applicable
Climbing (stairs/ladders) - ascend/descend stairs, ladders, steps Infrequent	Lifting/Carrying - light lifting and carrying (0 to 9 kg) Infrequent
Lifting/Carrying - moderate lifting and carrying (10 to 15 kg) Not Applicable	Lifting/Carrying - heavy lifting and carrying (16kg and above) Not Applicable
Reaching - arms fully extended forward or raised above shoulder Infrequent	Pushing/Pulling/Restraining - using force to hold/restrain or move objects toward or away from the body Infrequent
Head/Neck Postures - holding head in a position other than neutral (facing forward) Not Applicable	Hand and Arm Movements - repetitive movements of hands and arms Occasional
Grasping/Fine Manipulation - gripping, holding, clasping with fingers or hands Occasional	Work at Heights - using ladders, footstools, scaffolding, or other objects to perform work Infrequent

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Driving - Operating any motor powered vehicle Frequent	
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Sensory Demands

Sight - use of sight is an integral part of work performance (e.g. viewing of X-Rays, computer screens) Constant	Hearing - use of hearing is an integral part of work performance (e.g. Telephone enquiries) Constant
Smell - use of smell is an integral part of work performance (e.g. working with chemicals) Not Applicable	Taste - use of taste is an integral part of work performance (e.g. food preparation) Not Applicable
Touch - use of touch is an integral part of work performance Not Applicable	

Psychosocial Demands

Distressed People - e.g. emergency or grief situations Frequent	Aggressive and Uncooperative People - e.g. drug/alcohol, dementia, mental illness Frequent
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<p>Unpredictable People - e.g. dementia, mental illness, head injuries</p> <p>Frequent</p>	<p>Restraining - involvement in physical containment of patients/clients</p> <p>Infrequent</p>
<p>Exposure to Distressing Situations - e.g. child abuse, viewing dead/mutilated bodies</p> <p>Infrequent</p>	

<p align="center">Environmental Demands</p>	
<p>Dust - exposure to atmospheric dust</p> <p>Not Applicable</p>	<p>Gases - working with explosive or flammable gases requiring precautionary measures</p> <p>Not Applicable</p>
<p>Fumes - exposure to noxious or toxic fumes</p> <p>Not Applicable</p>	<p>Liquids - working with corrosive, toxic or poisonous liquids or chemicals requiring PPE</p> <p>Not Applicable</p>
<p>Hazardous Substances - e.g. dry chemicals, glues</p> <p>Infrequent</p>	<p>Noise - environmental/background noise necessitates people raise their voice to be heard</p> <p>Infrequent</p>
<p>Inadequate Lighting - risk of trips, falls or eyestrain</p>	<p>Sunlight - risk of sunburn exists from spending more than 10 minutes per day in sunlight</p>



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Not Applicable	Not Applicable
Extreme Temperatures - environmental temperatures are less than 15°C or more than 35°C Not Applicable	Confined Spaces - areas where only one egress (escape route) exists Not Applicable
Slippery or Uneven Surfaces - greasy or wet floor surfaces, ramps, uneven ground Not Applicable	Inadequate Housekeeping - obstructions to walkways and work areas cause trips and falls Not Applicable
Working At Heights - ladders/stepladders/scaffolding are required to perform tasks Not Applicable	Biological Hazards - exposure to body fluids, bacteria, infectious diseases Not Applicable