



**ACT**  
Government

**ACT Health**

# **Residential Treatment Centre for Eating Disorders: Information Session to inform the Service Provider Decision**

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## Introduction

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- ACT Health is formally consulting with unions for input on the service provider for the Residential Treatment Centre under section G of the ACTPS Enterprise Agreements
- Considerations around insourcing and secure employment at B11 of the ACTPS Enterprise Agreements are also key here
- This input will be incorporated into an advice paper to enable ACT Government to make a decision on this matter in early 2023
- This forum formally starts the feedback process with unions, with the consultation period to be open from late December 2022
- This session will be recorded and provided to all invited attendees, with extra time for feedback to be provided to ACT Health

# Background: Residential Treatment Centre for Eating Disorders

[Website: ACT Residential Treatment Centre for Eating Disorders](#)



Expected operational early 2024

# Progress to Date

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## 2021

- March 2021 – First version of the Model of Care endorsed
- Nov 2021 – Tender release for the early concept design works
- Nov 2021 – Media release announcing Coombs as the preferred location

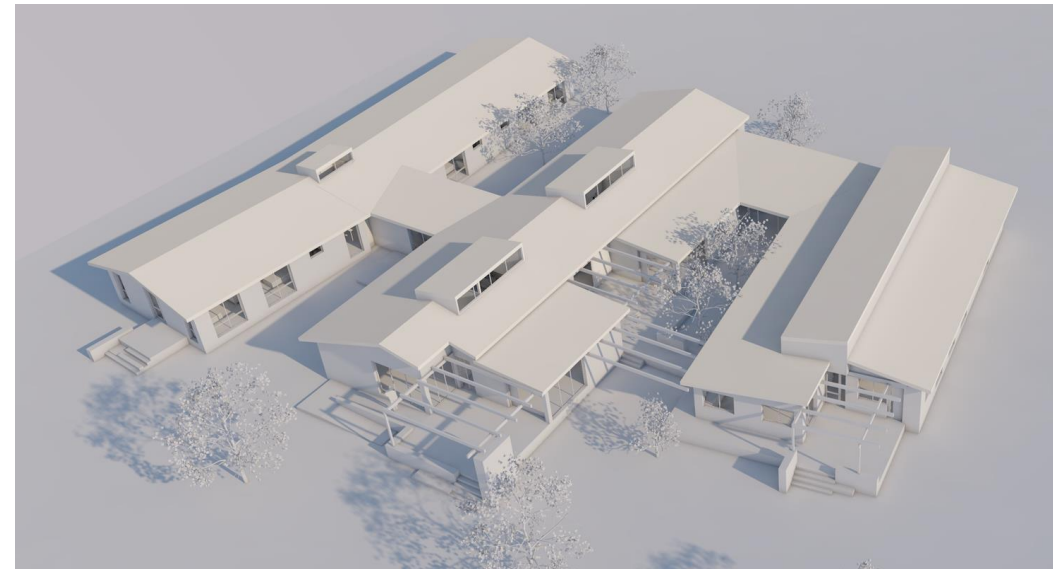
## 2022

- Feb 2022 – Collard Clarke Jackson Canberra Pty Ltd (CCJ) was appointed to deliver the early concept design
- Aug 2022 – Proof of concept sketches released
- Sept 2022 – Model of Care updated and endorsed
- Nov 2022 – Coombs confirmed as the location
- Nov 2022 – Tender released for construction

## Location

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- It is of high importance that the Centre is not located on hospital grounds or simulates a clinical setting, as the Centre needs to reflect its purpose of mirroring a residential home.
- Coombs has been selected for the following reasons:
  - residential suburban setting,
  - peaceful nature outlook; and
  - accessibility for participants and their families/carers.



# Model of Care

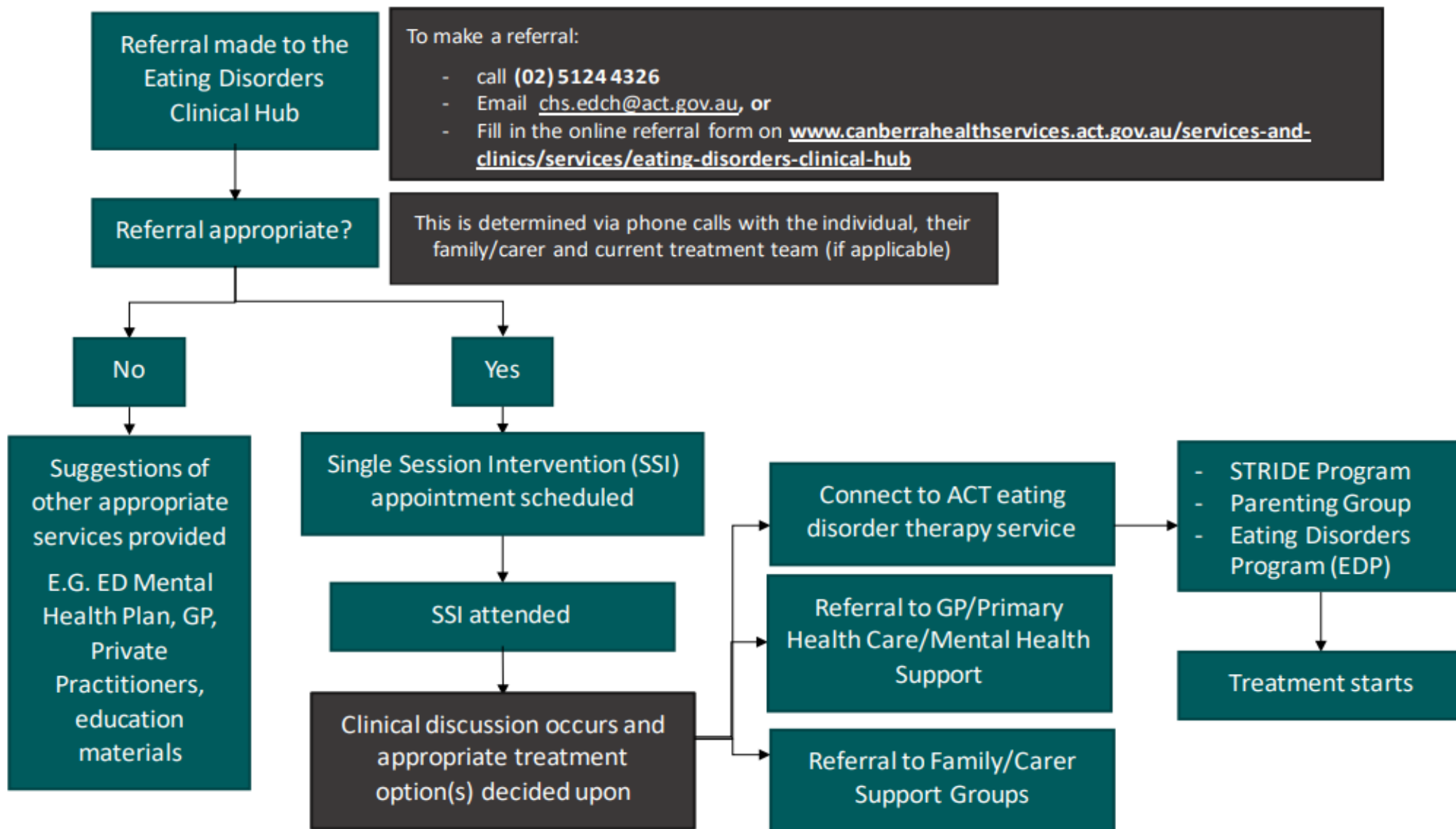
## Key Model of Care Components

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- Minimum of 12 beds
- 24 hour, 7 days a week specialist service with a maximum of a 3 month stay
- Not a medical facility and medically unstable clients will not be accepted for admission
- Focus on psychological recovery by providing specialist, intensive nutritional, psychological treatment over an extended period of time.
- Provided in a residential setting which simulates a supportive home-like environment and provides an opportunity for participants, families and carers to envision their recovery journey and relationship with food when they are back in their own homes.
- The target population for the Centre are participants with a primary diagnosis of an eating disorder (as detailed above) over the age of 16 who are medically stable but require further nutritional, psychological and psychosocial support to achieve long term recovery.



# Eating Disorders Clinical Hub referral flowchart





## Care & Treatment

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- The Centre may include some of the following service components:
  - Individual therapy sessions;
  - Group therapy sessions;
  - Strong focus on dietetics/nutritional support;
  - Use of alternative/complementary therapies (such as permaculture, music therapy, art therapy etc);
  - Family/carer involvement;
  - Peer workforce; and
  - Strong links to other established care providers.
- Care is provided 24 hours a day, 7 days a week. If possible, it is intended that participants will visit their GP and any private practitioners they may have already engaged in their treatment throughout their stay as required.
- In addition to treatment, participants will be expected to partake in household chores. This is to simulate the home-like environment, increase responsibilities and to foster a cohesive 'community' feel between participants at the Centre.

# Anticipated Workforce

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- The workforce profile at the Centre may include the following professions:
  - Psychology
  - Dietetics
  - Social Work
  - Occupational Therapy
  - Exercise Physiologist
  - Art Therapists
  - Music/drama therapists
  - Chef
  - Kitchen Hand
  - Peer Workforce
  - Administration
  - Nursing
  - Psychiatry
  - Paediatric Medicine
  - General Practitioners

# Considerations for Service Provider Decision

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- What will deliver the best outcomes for participants noting the non-clinical nature of the service model
- Service integration considerations
- How other residential support models in other sectors are structured
- Capacity of CHS and ability to meet operational timeframes
- Capacity of the NGO sector and ability to meet operational timeframes
- Experiences in other states/territories and overseas
- Workforce considerations
- Value for money

# Follow Up

For follow up advice or questions please contact the project team at [MentalHealthSuicidePreventionDivision@act.gov.au](mailto:MentalHealthSuicidePreventionDivision@act.gov.au)