

POSITION DESCRIPTION **TEMPLATE**

POSITION TITLE	Mental Health Clinician Youth Response Team and Safe Haven
STAFFLINK POSITION NO.	TBA
COST CENTRE	278508 Mac AMH Towards Zero Suicide Init
CLASSIFICATION	Dependant on applicant - Clinical Psychologist, Occupational Therapist Level 3, Social Worker Level 3, Clinical Nurse Specialist Grade 2, Senior Psychologist
AWARD	Public Health System Nurses and Midwives (state) Award NSW Health Service Health Professionals (state) Award (dependant on applicant)
REGISTRATION/LICENCE REQUIREMENTS	Class C driver’s license Recognised qualifications in Social Work, Nursing, Psychology or Occupational Therapy and registration with AHPRA or eligibility for membership of AASW. Demonstrated post graduate clinical experience in mental health. Psychologists require a relevant master’s degree; Allied Health require experience as a level 2 clinician or equivalent. Nursing require relevant post-registration qualifications and at least 3 years’ experience working in the clinical area of their specified post-graduate qualification.
VACCINATION CATEGORY	Category A
PRE-EMPLOYMENT SCREENING CHECKS	Working With Children and National Criminal Record Check
RESPONSIBLE TO	Operational Reporting: CYMHS Service Director Professional Reporting: <ul style="list-style-type: none"> - Dependent on applicant qualification - MHDA Allied Health Manager, - Director of Nursing MHDA -
RESPONSIBLE FOR	Nil
PRIMARY PURPOSE OF THE ROLE	<p>MHDA Declaration</p> <p>Each person's unique journey of recovery will be supported by mental health drug and alcohol services in a way that fosters hope, purpose and resilience.</p> <p>MHDA Statement of Intention</p> <p>The intention of the NSLHD MHDA is to provide recovery-oriented, trauma informed services that are guided by evidence based practices and collaboration.</p> <p>Provide after-hours rapid crisis response to young people (12-17years) in suicidal distress within the community, aiming to create a safe space in their home environment and facilitate contact with local services who can provide further and ongoing support. This includes rostered work within the established Safe Havens at Macquarie Hospital and Brookvale Community Health Centre and at the Youth Response Team in North Ryde and Mona Vale. Clinicians will provide recovery-oriented and trauma-informed clinical care for young people who are in suicidal crisis. Support may include crisis response, psychosocial support, safety planning, recovery/wellness planning, advocacy, and collaborative identification of community supports, risk assessment, care</p>

	<p>planning, referral to appropriate care settings, liaison with signatories to the Memorandum of Understanding under the NSW Mental Health Act (2007).</p> <p>Clinicians will deliver support that aligns with the principles of step up/step down care. This includes making referrals to a range of community-based services for ongoing support if required (step down), or escalating concerns over consumer wellbeing to other acute or emergency services (step up).</p> <p>The clinicians will work in collaboration with the Towards Zero Suicide working group for the ongoing co-design, phased development and evaluation of the model of care and support best clinical practice.</p> <p>The role will require after hours and weekend work. Clinicians will be working autonomously with minimal clinical direct supervision. They will be utilising extensive specialist knowledge on clinical care of a suicidal person with a focus on young people 12-17years old, for providing independent judgement, solving problems and managing complex cases.</p>
<p>KEY ACCOUNTABILITIES <i>(Maximum of 8)</i></p>	<p>To provide a rapid response with evidence informed mental health assessment and therapeutic interventions for adolescents and their families utilising professional skills and knowledge whilst keeping best outcomes for clients and families at the centre of your work</p> <p>Liaise, consult and discuss relevant clinical matters with other members of the multidisciplinary team and, when required for the effective treatment of clients, other services and agencies involved.</p> <p>Maintain accurate medical records and activity reporting in accordance with current MOH and NSLHD requirements and complete timely clinical documentation, reviews and discharges and activity reporting.</p> <p>Ensure current best practice in suicide prevention is maintained</p> <p>Ensure own continuing professional development while teaching and coaching other staff and appropriate requirements are met to maintain and update the registration annually with the Australian Health Practitioner Regulation Agency (AHPRA).</p> <p>Work alongside peer workers and collaborating for continued best outcomes for consumers</p> <p>Participate in regular clinical supervision and reviews to maintain a high standard of clinical practice. Have capacity to provide clinical supervision and support to junior clinicians.</p> <p>Actively contribute to service planning and development, providing expertise, skills and knowledge in a consultative role within their area of expertise. Also identifying and leading ongoing quality improvement activities.</p>
<p>KEY CHALLENGES <i>(Maximum of 3)</i></p>	<p>Working efficiently and managing risk within the community environment, including after hours and on weekends.</p> <p>Time management and prioritising competing workload demands to ensure the delivery of optimum standards of suicide prevention care that meet consumer and carer needs and expectations</p> <p>To provide evidenced-based and client-centred psychological interventions in a multidisciplinary team within a complex environment, changing service delivery models and with increasing service demand and acuity.</p>

KEY INTERNAL RELATIONSHIPS <i>(Maximum of 3)</i>	WHO: Towards Zero Suicide Clinical Change Manager	WHY: For service development, evaluation and program implementation.
	CYMHS Service Manager, clinical and administrative staff within NSLHD CYMHS.	To provide collaborative and client centred care, to report on any issues, WHS concerns or tasks.
	CYMHS Service Director, CYMHS Clinical director, MHDA Allied Health Director, Director of Nursing MHDA	To report on any issues and tasks.

KEY EXTERNAL RELATIONSHIPS <i>(Maximum of 2)</i>	WHO	WHY
	Schools and School Counsellors, Headspace, local youth workers, NGOs, GP's, private mental health providers and Community Services.	To share information and to provide coordinated care for children and young people.
	Consumers, their families and carers	Ensure treatment and holistic care need are collaboratively planned to deliver best outcomes for recovery and quality of life.
SELECTION CRITERIA <i>(Minimum of 3 maximum of 8)</i>	Consistently demonstrates behaviours that reinforce the CORE Values of our organisation; Collaboration, Openness, Respect and Empowerment. Demonstrates these behaviours with all stakeholders; colleagues, direct reports, as well as our patients and consumers, and those that care for them.	
	Recognised qualifications in Social Work, Nursing, Psychology or Occupational Therapy and registration with AHPRA or eligibility for membership of AASW. Demonstrated post graduate clinical experience in mental health. Psychologists require a relevant master's degree; Allied Health require experience as a level 2 clinician or equivalent. Nursing require relevant post-registration qualifications and at least 3 years' experience working in the clinical area of their specified post-graduate qualification.	
	Contemporary current mental health, drug and alcohol clinical knowledge and clinical problem-solving ability with advanced practice skills and commitment to continuing professional development, with a focus on child, adolescent and family groups.	
	Willingness to engage in suicide prevention co-design, community of practice and education and training.	
	Demonstrated extensive specialist knowledge and recent post registration clinical experience in the management of suicidal persons and have an extensive knowledge of the NSW Mental Health Act (2007)	

	Computer literacy and demonstrated excellent verbal and written communication skills and sound administrative methods.
	Demonstrated capacity to work independently and in multi-disciplinary teams with excellent verbal and written communication skills.
	Current unrestricted NSW Drivers Licence

JOB DEMANDS CHECKLIST

The purpose of this checklist is to manage the risk associated with the position in relation to the occupant. It may be used to provide information about the position to a Health Professional required to perform a pre-employment medical assessment. Identification of possible risk can also assist with the development of a training plan for the occupant to ensure the risks are minimised.

Each position should be assessed at the site as to the incumbent's (or future incumbent's) OHS responsibilities specific to the position. This form is to be completed in consultation with the manager/supervisor of the position being recruited for.

Infrequent: intermittent activity exists for a short time on a very infrequent basis
 Occasional: activity exists up to 1/3 of the time when performing the job
 Frequent: activity exists between 1/3 and 2/3 of the time when performing the job
 Constant: activity exists for more than 2/3 or the time when performing the job
 Repetitive: activity involved repetitive movements
 Not Applicable: activity is not required to perform the job

Physical Demands	Frequency
Sitting - remaining in a seated position to perform tasks	Frequent
Standing - remaining standing without moving about to perform tasks	Frequent
Walking - Floor type: even / uneven / slippery, indoors / outdoors, slopes	Frequent
Running - Floor type: even / uneven / slippery, indoors / outdoors, slopes	Not applicable
Bend/Lean Forward from Waist - Forward bending from the waist to perform tasks	Infrequent
Trunk Twisting - Turning from the waist while sitting or standing to perform tasks	Infrequent
Kneeling - remaining in a kneeling posture to perform tasks	Infrequent
Squatting / Crouching - Adopting a squatting or crouching posture to perform tasks	Infrequent
Leg / Foot Movement - Use of leg and / or foot to operate machinery	Infrequent
Climbing (stairs/ladders) - Ascend / descend stairs, ladders, steps	Not applicable
Lifting / Carrying - Light lifting & carrying: 0 - 9 kg	Infrequent
Lifting / Carrying - Moderate lifting & carrying: 10 - 15 kg	Not applicable
Lifting / Carrying - Heavy lifting & carrying: 16kg & above	Not applicable
Reaching - Arms fully extended forward or raised above shoulder	Infrequent
Pushing / Pulling / Restraining - Using force to hold / restrain or move objects toward or away from the body	Infrequent
Head / Neck Postures - Holding head in a position other than neutral (facing forward)	Not applicable
Hand & Arm Movements - Repetitive movements of hands and arms	Infrequent
Grasping / Fine Manipulation - Gripping, holding, clasping with fingers or hands	Infrequent
Work At Heights - Using ladders, footstools, scaffolding, or other objects to perform work	Not applicable
Driving - Operating any motor powered vehicle	Frequent

Sensory Demands	Frequency
Sight - Use of sight is an integral part of work performance e.g. Viewing of X-Rays, computer screens	Occasional
Hearing - Use of hearing is an integral part of work performance e.g. Telephone enquiries	Frequent
Smell - Use of smell is an integral part of work performance e.g. Working with chemicals	Not applicable
Taste - Use of taste is an integral part of work performance e.g. Food preparation	Not applicable
Touch - Use of touch is an integral part of work performance	Infrequent
Psychosocial Demands	Frequency
Distressed People - e.g. Emergency or grief situations	Frequent
Aggressive & Uncooperative People - e.g. drug / alcohol, dementia, mental illness	Occasional
Unpredictable People – eg dementia, mental illness, head injuries	Frequent
Restraining - involvement in physical containment of patients / clients	Not applicable
Exposure to Distressing Situations - e.g. Child abuse, viewing dead / mutilated bodies	Infrequent
Environmental Demands	Frequency
Dust - Exposure to atmospheric dust	Not applicable
Gases - Working with explosive or flammable gases requiring precautionary measures	Not applicable
Fumes - Exposure to noxious or toxic fumes	Not applicable
Liquids - Working with corrosive, toxic or poisonous liquids or chemicals requiring PPE	Not applicable
Hazardous substances - e.g. Dry chemicals, glues	Not applicable
Noise - Environmental / background noise necessitates people raise their voice to be heard	Not applicable
Inadequate Lighting - Risk of trips, falls or eyestrain	Not applicable
Sunlight - Risk of sunburn exists from spending more than 10 minutes per day in sunlight	Occasional
Extreme Temperatures - Environmental temperatures are less than 15C or more than 35C	Not applicable
Confined Spaces - areas where only one egress (escape route) exists	Repetitive
Slippery or Uneven Surfaces - Greasy or wet floor surfaces, ramps, uneven ground	Not applicable
Inadequate Housekeeping - Obstructions to walkways and work areas cause trips and falls	Not applicable
Working At Heights - Ladders / stepladders / scaffolding are required to perform tasks	Not applicable
Biological Hazards - e.g. exposure to body fluids, bacteria, infectious diseases	Infrequent